



Date to be completed by: _____

In addition to required segments, choose 20 segments on topics that interest you:

Required Segments:

See **“30 Days of Health: Required Segments”** in Resource Library.

Complete the 10 segments below *in addition to (20) topics of your choosing:*

- Shaklee Difference
- Building An Herbal Medicine Cabinet
- Healthy Home, Healthy You
- Why Supplement? Dr. Jamie McManus
- Personal Care Products: What’s in Your Shampoo?!
- Skin Care Without Compromise: Safety AND Results
- Landmark Study & Why It’s Important
- Breakthrough in Anti-Aging: The Science of Vivix
- Benefits of the Shaklee Lifestyle
- Why Shaklee? Dr. Richard Brouse

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